

ACADEMIC JOURNEY ROADMAP

Connect

Plan

Expand



120
Credits

90
Credits

60
Credits

30
Credits

MEETING YOUR MILESTONES | SOPHOMORE YEAR

Develop a network of supportive peers, professors, and mentors

People in your network can connect you to opportunities and provide you with strong recommendations.

Your next steps:

- Join student clubs, form study groups, and attend campus events to develop a network of students who share your interests and goals.
- Build a mentoring relationship with professors in the classes you enjoy the most; meet with them during office hours to explore topics and get advice.
- Develop a professional social media presence (LinkedIn, Facebook, ePortfolios). Ask a career counselor how to meet professionals in different fields.

Research majors and minors and make the choice that is right for you

Understanding your options will help you make a choice that matches your interests and goals.

Your next steps:

- Make a list of majors, minors, and careers that you are interested in.
- Meet with an academic advisor and a career counselor to help narrow your choices. Research course requirements on the John Jay website.
- Meet with the faculty advisors for the majors, minors, or certificate programs you want to learn more about.

Complete an internship, leadership, fellowship, or research opportunity

Having this experience on your resume is essential to be competitive for a career position or graduate school.

Your next steps:

- Get a head start on learning about opportunities by attending the Sophomore Kickoff .
- Visit the Career Center and the Office of Community Outreach to learn about internship opportunities, including the CUNY Service Corps.
- Contact the Office of Undergraduate Research about working with a professor. Learn about leadership opportunities at the Center for Student Involvement & Leadership.