Supporting Your Student Along the Academic Journey

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Daniel Auld, PhD
dauld@jjay.cuny.edu
Director, Student Learning & Academic Services
Student Academic Success Programs

Gladys Rivera-Martinez
SASP Peer Mentor
The Academic Journey

- **What is the ultimate goal at the end of the journey?**
  - Get a college diploma
  - Get a job that requires a college diploma
  - Go to graduate school

- **What do employers and graduate school admissions offices look for?**
The Academic Journey

What do students need to do?

Connect

Plan

Expand

Throughout their four years starting in Year 1
Connect

Plan

Expand

Begin Your Career or Graduate School

120 Credits
Use your network connections
Use campus resources when applying for graduate school or career positions
Complete a capstone course that develops your skills

90 Credits
Add potential employers to your network
Review and update your academic and career plan
Complete a career-related internship or research project

60 Credits
Develop a network of supportive peers, professors, and mentors
Research majors and minors and make the choice that is right for you
Complete an internship, leadership, or research opportunity

30 Credits
Connect with students, professors, and campus events
Get advising and academic support to complete 30 credits with a good GPA
Explore your strengths, interests, and possible academic and career paths

www.JJay.cuny.edu/AJ
The Academic Journey

Year 1 – Freshmen Will:

• Connect with students, professors, and campus events
• Get advising and academic support to complete 30 credits with a good GPA
• Explore their strengths, interests, and possible academic and career paths
The Academic Journey

Year 2 – Sophomores Will:

- Develop a network of supportive peers, professors, and mentors
- Research majors and minors and make the choice that is right for them
- Complete an internship, leadership, or research opportunity
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Year 3 – Juniors Will:

• Add potential employers to their networks
• Review and update their academic and career plans
• Complete a career-related internship or research project
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Year 4 - Seniors Will:

• Use their network connections
• Use campus resources when applying for graduate school or career positions
• Complete a capstone course that develops their skills

»Begin Next Journey
The Academic Journey

What You Can Do To Support Your Students

Encourage them to:

- Read and ask questions when things are unclear
- Connect with faculty and peer leaders.
- Encourage them to employ good time management
# The Academic Journey

<table>
<thead>
<tr>
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<th>Mon</th>
<th>Tues</th>
<th>Wed</th>
<th>Thurs</th>
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<tbody>
<tr>
<td>10:50 AM – 12:05 PM</td>
<td>ENG 101</td>
<td>CRJ 101</td>
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<tr>
<td>12:15 – 1:30 PM</td>
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<td>PSY 101</td>
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<td>2:50 – 4:05</td>
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<td>ENG 101</td>
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<td>Work – PT Job</td>
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<td>ETH 124 - FYS</td>
<td>Basketball</td>
<td>ETH 124 - FYS</td>
<td>Help Family</td>
<td>Class prep</td>
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<td>4:15 – 7:00</td>
<td>Latino Mix Club</td>
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<td>Dinner/Rest</td>
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<td>See Friends</td>
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<td>9:00 – 11:00</td>
<td>Class prep</td>
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<td>Class Prep</td>
<td>Class Prep</td>
<td>See Friends</td>
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The Academic Journey

What You Can Do To Support Your Students

• Allow them to work fewer hours at part-time jobs
  – Good jobs support students needs, are on or close to campus
  – Encourage them to get internships, which may be unpaid

• Communicate with them
  – Let them know that you support them
  – Let them have more time when they need to get their work done.

• The end of the semester is very hectic!
The Academic Journey

Students complete their John Jay Academic Journey at graduation, and then they start another journey.

More information:
WWW.JJAY.CUNY.EDU/SASP