

ACADEMIC JOURNEY ROADMAP

Connect

Plan

Expand



120
Credits

90
Credits

60
Credits

30
Credits

[WWW.JJAY.CUNY.EDU /AJ](http://WWW.JJAY.CUNY.EDU/AJ)

MEETING YOUR MILESTONES | FRESHMAN YEAR

Connect with students, professors, and campus events

You will start to build a network to give you support and advice, let you know about opportunities and resources, and provide you with letters of recommendations for internships and scholarships.

Your next steps:

- Get to know your peer mentor and students in your classes. Exchange emails and rely on each other during the semester.
- Introduce yourself to your professors, visit their office hours, and email them for advice and feedback.
- Ask your peer mentor about attending campus events where you can meet professors, staff, and other students.

Use advising and academic support to complete 30 credits with a good GPA

This will keep you on track to graduate in four years and will make you eligible for scholarships, internships, and other opportunity programs.

Your next steps:

- Plan each semester schedule with an academic advisor.
- Read your syllabus carefully. Talk to your professor about what is expected for the class. Get regular feedback about how you're doing in class.
- Visit the academic tutoring centers and learn how they can help you excel in your classes.

Explore your strengths, interests and possible academic and career paths

Your next steps:

- Think about what you enjoy studying, talk to professors, advisors, and other students about your interests, and visit the Career Center to take the Strong Interest Inventory.
- Meet with an academic advisor to discuss what majors and minors match your interests and strengths.
- Meet with a career counselor to discuss what career opportunities would be the right fit for you.

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JAY** COLLEGE
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